How to be an Ally to Indigenous Peoples

- Reach out to your Indigenous neighbours
- Don't co-opt Indigenous cultures or ceremonies
- Learn about the people Indigenous to wherever you are
- Support Indigenous craftspeople, businesses and events
- Remember that the basis of Canadian state as an entity under International law rests solely upon the recognition of the principle of Aboriginal title and then the transfer of that title through the treaty process to the Crown and later on to the Canadian state.
- Read Native authors
- Slow down and listen more than you talk
- Learn about and reject the "Doctrine of Discovery" and "Terre Nullius"
- Learn about treaties
- Live with gratitude
- Care for the Earth
- Notice where you are
- Appreciate the diversity of nations, cultures, and people
- ◆ Celebrate Aboriginal Day every June 21st
- Return sacred objects
- ◆ Support renewable energy
- Read and promote the UN Declaration on the Rights of Indigenous Peoples
- Demand that our country honour its treaty commitments
- Care for the Earth Live lightly while you are here
- Question and resist stereotypes, including team names and mascots