

Locating yourself

In the Nuu-chah-nulth language, the suffix 'aht' means 'The people of' that place.

Tla-o-qui-aht

Ahousaht

Opitsaht

Woven into the words for the names of their people is the understanding that they are 'of' that place.

Take a moment to reflect on what it means for you to be “of the place” where you have chosen to live?

How does this perspective affect how you choose to live?

To learn more, see *Tsawalk: A Nuu-chah-nulth Worldview* by Umeek E. Richard Atleo. (UBC Press, 2004)